

PATTERN

- 1 Center front piece 2x
- 2 Side front piece 2x
- 3 Back piece 1x
- 4 Sleeve 2x
- 5 Pocket pouch 4x
- 6 Collar 1x
- 7 Front waistband 2x
- 8 Back waistband 1x
- 9 Sleeve cuff 2x

Fabrics: Sweat shirt fabrics

Paper cut for ANSI A (German DIN A4) prints:

The patterns are printed out on 28 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely. Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. Change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern according to your size.

LENGTHENING OR SHORTENING THE PATTERN PIECES

Our pattern is calculated for a height of 5' 6" (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked "lengthen or shorten here". This way the proper fit is maintained. Always adjust all pattern pieces along the same line to the same degree.

How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines

To lengthen, slide the two halves of the pattern piece as far apart as necessary.

To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges.

CUTTING OUT

FOLD (- - - -) means: Cut on the fold, the fold being the center of the pattern piece, but never a cut edge or seam. The piece should be cut double, with the fold line forming the center line. Pattern pieces are outlined with a broken line in the cutting diagrams are placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.

The cutting diagrams show the placement of the pattern on the fabric.

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric. Cut pieces 6 to 9 from rib knit fabric.

SEAM AND HEMLINE ALLOWANCES are included on an average:

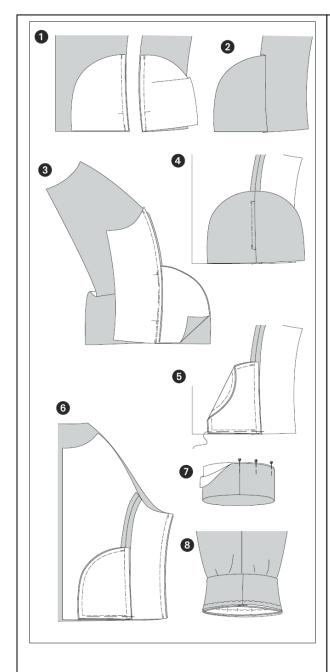
1 ½" (4 cm) for the hemline, 5/8" (1.5 cm) for all edges and stitches. Using BURDA copying paper; transfer the lines and signs of the pattern onto the wrong fabric side. Instructions can be found in the packaging.

SEWING

While sewing, the right sides of the fabric are facing. Transfer all lines of the pattern onto the right side of the fabric using basting stitches.

ADVICE FOR WORKING WITH STRETCHY FABRICS:

You can achieve the best results from working with stretchy knit fabrics when using an Overlock machine. The seams will be especially elastic so that they won't rip when wearing the garment. If you don't have an Overlock machine, stitch the seams using a special elastic stitch or a narrowly adjusted zigzag stitch. Be aware that the thread tension shouldn't be too tight. For delicate knit fabrics use a Jersey needle that has a rounded needle point and won't damage the fabric. Also use polyester thread, which is stronger than cotton thread, which tends to snap under pressure.



JACKET

Front princess seams / seam pockets

- 1 Pin the pocket pouches on the center and side front pieces, right sides facing and the cross lines meeting. Stitch. Secure seam ends.
- 2 Flip the pocket pouches over the seam lines and press.
- 3 Position the side front pieces on the center front pieces, right sides facing. Pin the princess seams (seam 1). Stitch but leave the pocket openings between the cross lines open. Keep the opening pinned. Secure seam ends.
- 4 Neaten the allowances. Press the allowances and pocket pouch pieces apart. Topstitch the pocket opening edges between the cross lines $\frac{1}{4}$ " (0.5 cm) wide.
- 5 Press the pocket pouches inside the center front pieces, position the pocket pouch pieces together and stitch. Neaten allowances altogether. Pin the pocket pouch along the bottom edge.

SIDE SEAMS

6 Position the front pieces on the back pieces, right sides facing. Pin the side seams (seam 2) and stitch. Trim allowances, neaten altogether and press inside the back piece.

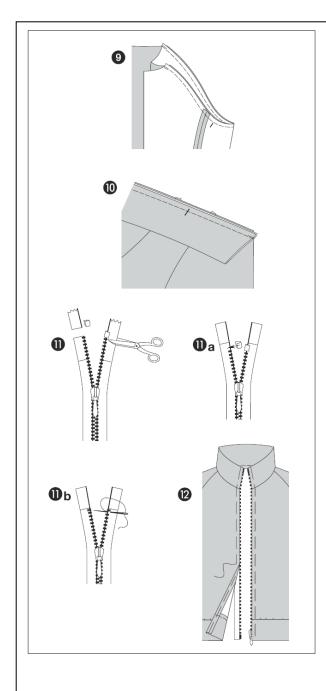
SLEEVE SEAMS

Fold the sleeves lengthwise, right sides facing. Pin the sleeve seams (seam 3) and stitch. Trim allowances and press to the side.

SLEEVE CUFFS

Fold the cuff into a ring, right sides facing. Sew the short ends together. Fold the allowances apart.

- 7 Fold the cuff into half and pin the raw edges together. The wrong sides are facing.
- 8 Pin the cuff stretched out onto the bottom sleeve edge; the seams meet. Stitch the cuff using a flatly adjusted zigzag stitch (seam 9). Neaten allowances.



APPLY SLEEVE

9 Pin the sleeve on the armhole, right sides facing. The bottom sleeve and side seams meet as do the cross lines 5 of sleeve and front piece. Pin the sleeve (seam 4) and stitch. Trim allowances, neaten altogether and press inside the sleeve.

WAIST BAND

Position the front and back pieces of the waistband together; stitch the **side seams** (seam 7). Fold the allowances apart. Fold the waistband into half, wrong sides facing. Pin the open edges together. Pin the waist band stretched out onto the bottom jacket edge (seam 8); side seams meet. Stitch the waistband using a flatly adjusted zigzag stitch, sandwiching the pocket pouches. Neaten allowances and turn them up.

COLLAR

Fold the collar along the FOLD LINE, wrong side inside. Pin the seam lines together.

10 Position the collar on the neckline, right sides facing. The cross lines meet the cross lines on the sleeve. Pin the collar (seam 6) and stitch using a flatly adjusted zigzag stitch. Trim allowances and fold down.

FRONT EDGES / ZIPPER

Trim the allowances of the front edges, fold inside and press.

SHORTEN ZIPPER (sizes 34 to 40 / EU 44 to 50)

Since zippers are not always available in the requested length, you can shorten a zipper yourself without problems.

SHORTEN ZIPPER

6 Measure the length of the front edge from the collar edge to the waistband edge; transfer the length to the zipper strip. Open the zipper. Cut the strips below the stopper. If you are using a metal zipper remove the stopper, but keep it. Pull the teeth from the zipper using a pair of pliers. Open the stopper carefully and apply it above the teeth on the zipper (11a). If you are using a plastic zipper, the stopper can't be reused. Instead, stitch machine buttonhole silk above the teeth on the zipper (11b). Cut the overlapping zipper strip.

ALL SIZES

12 Pin the zipper under the front edges so that the little teeth are hidden. Turn the strip ends. Topstitch the zipper using a zipper foot.